

JESSICA HANDS AND FEET

Jessica hand and foot treatments combine the best of luxury with the latest developments in nail care.

Prescriptive Manicure (Allow 45 mins) £25

Cuticle care, shape, hand massage and polish.

Prescriptive Manicure with French Polish (Allow 70 mins) £28

Prescriptive Deluxe Manicure (Allow 70 mins) £30

As with the Prescriptive Manicure, but with the addition of LeRemedi Hand Treatment leaving both hands smooth, firm and conditioned. Heated mitts aid penetration of oils and creams and improve circulation. With or without polish.

Shape and Paint (Allow 25 mins) £12

Hands or Feet

ZenSpa Pedicure (Allow 55 mins) £29

Footspa, massage, cuticle and nail care. Finished with a fantastic, long lasting nail polish of your choice.

ZenSpa Deluxe Pedicure (Allow 75 mins) £32

As with the ZenSpa Pedicure but offering intensive moisture for those extra dry and cracked heels. Feet are smothered in skinsoftening soufflé and wrapped in luxurious thermal booties followed by a moisturising mask. Complete heaven for the feet.

WE RECOMMEND YOU BRING WITH YOU A PAIR OF SLIP ON, OPEN TOE SANDALS TO WEAR AFTER YOUR FOOT TREATMENT.

Fake Bake

Professional False Tanning Treatments

Relax and enjoy the self tanning process which includes your full body exfoliation.

Full Body	£40	(Allow 55 mins)
Half Body/Legs	£23	(Allow 40 mins)

Please arrive wearing loose dark clothing and non restrictive shoes for tanning treatments.

FOR THE EYES

Eyelash Tint*	£12	(Allow 30 mins)
Eyebrow Tint*	£8	(Allow 15 mins)
Lash & Brow Tint*	£15	(Allow 30 mins)
Eyebrow Shape	£12	(Allow 15 mins)

*A patch test must be carried out at least 24 hours prior to these treatments.

DEPILATORY TREATMENTS

The removal of unwanted hair by warm wax method.

Half Leg	(Allow 30 mins)	£17
Three Quarter Leg	(Allow 40 mins)	£20
Full Leg	(Allow 45 mins)	£24
Bikini	(Allow 30 mins)	£12
Underarm	(Allow 30 mins)	£10
Full Leg & Bikini	(Allow 60 mins)	£32
Full Leg, Underarm & Bikini	(Allow 60 mins)	£40
Half Leg, Underarm & Bikini	(Allow 60 mins)	£33
Half Leg & Bikini	(Allow 45 mins)	£25
Full Arm	(Allow 30 mins)	£14
Lower Arm	(Allow 30 mins)	£10
Lip	(Allow 15 mins)	£5
Chin	(Allow 15 mins)	£5

DO NOT HAVE ANY HEAT TREATMENTS
BEFORE OR AFTER WAXING
INCLUDING SWIMMING, SUNBEDS, STEAM & SAUNA.

SPA DAYS

Spend a day enjoying the facilities at Aqua Roma from just £29 including lunch.

Vouchers are available for our Spa Days and any of the treatments in this brochure.

Information: 48 hours notice is requested for any cancellation for all treatments and 1 weeks notice for all Spa Day cancellations to avoid a 50% cancellation charge.

June 2010

Beauty Treatments At Aqua-Roma

• L E I S U R E •



Manor House Hotel

NEWLANDS CORNER,
GUILDFORD,
SURREY GU4 8SE

01483 222624

Opening Hours

Monday	8.30 - 5
Tuesday	8.30 - 9
Wednesday	8.30 - 5
Thursday	8.30 - 9
Friday	8.30 - 5
Saturday	9.00 - 5
Sunday	9.00 - 5

DERMALOGICA FACIALS

Dermalogica Personalised Skin Care

Dermalogica Prescription Facials are tailored during the treatment to meet individual needs. Products are chosen to target specific concerns for your skin at that time. Our detailed skin consultations precede each treatment to ensure maximum results.

Prescriptive Facial (Allow 55mins) £39

A revitalising and relaxing treatment. Begin with a deep cleanse and gentle exfoliation. An aromatherapy face, neck and shoulder massage is certain to ease your mind and spirit and whilst the revitalising mask takes effect enjoy a soothing massage to hands or feet. Finish with a nutrient rich moisturiser to hydrate and protect.

Express Facial (Allow 25mins) £23

The Dermalogica mini treatment is designed as a skin care lesson and is ideal for the first time client. Alternatively, this complete treatment achieves maximum results in the minimum of time. A power cleanse, customised mask, toning and moisturising for people on the go!

MALE GROOMING

Male Facial (Allow 55mins) £39

This treatment has been designed for the busy man and will deep cleanse, exfoliate, balance and moisturise.

Revitalising Back Cleanse (Allow 40mins) £40

Swedish Massage - No essential oils used.

Full Body Massage (Allow 55 mins) £39

Back, Neck and Shoulder Massage (Allow 25 mins) £23

Waxing

Back Wax (Allow 30 mins) £20

Chest Wax (Allow 30 mins) £20

Manicure (Allow 40mins) £19

Cuticle care, shape and hand massage

Pedicure (Allow 40mins) £19

Foot Spa, cuticle care, nail cut and file, foot massage.

SPA & BODY TREATMENTS

Revitalising Back Cleanse (Allow 45mins) £40

A treatment designed to clear away your skins impurities and is excellent for removing stress and tension from over worked muscles. A deep cleansing scrub followed by steam, extractions, mask and massage with thermal stamp. This treatment leaves your skin feeling smooth and fresh.

Mineral Salt Scrub & Full Body Massage (Allow 75mins) £55

A full body treatment designed to remove dead skin cells which make the skin look dull and lifeless, followed by a relaxing massage. This treatment will leave your skin feeling soft and smooth.

MASSAGE

Swedish Massage

Enjoy a relaxing and therapeutic treatment using pre-blended oils. Helps to relieve muscular tension and promote a feeling of well being.

Full Body (Allow 55 mins) £39

Back, Neck & Shoulder (Allow 25 mins) £23

Aromatherapy Massage

This holistic treatment uses pure essential oils which are blended to benefit each clients individual requirements.

Full Body (Allow 55 mins) £45

Back, Neck & Shoulder (Allow 25 mins) £29

INDIAN HEAD MASSAGE

This is a wonderfully relaxing therapy based on the ancient Ayurvedic Healing System. The head, face and neck store a great deal of tension that accumulates in everyday life. By using this treatment, the effect is not just physical it also works on an emotional level, calming the spirit and promoting relaxation.

Indian Head Massage (Allow 25 mins) £22

THERMAL BODY THERAPY

Our exciting new thermal body wraps are customized to effectively treat every skin condition for a healthy glow. The warm, nurturing sensation will leave you feeling de-stressed and revitalised. Choose which wrap suits you best.

(Allow 60 mins for these thermal treatments) £50

Enzymatic Sea Mud Wrap

Enjoy this full body detoxifying sea mud wrap. Great for those trying to lose those extra pounds, as it helps to draw out impurities from the body and skin. This treatment includes a salt scrub followed by the application of the mud pack. To finish, a hydrating moisturiser is applied.

Hydrating Gel Body Wrap

This treatment is a full body hydrating wrap, it is ideal for those with dry/dehydrated skin. It includes a full body exfoliation followed by the application of the gel body pack. To finish, a richly hydrating moisturiser is applied.

Power Recovery Pack

This nourishing multivitamin wrap is perfect for irritated, sensitive, dry or sun damaged skin. Antioxidant ingredients aid skin recovery and help delay premature ageing. Treatment includes a full body exfoliation, application of Power Recovery pack and finished with a hydrating moisturiser.

MAKE-UP

The most beautiful cosmetic you can wear is a healthy skin! That is why we have chosen to introduce to you Jane Iredale products - a true extension of skin care. (Allow 90 mins for initial

Bridal Make-Up (Trial-90 mins Day 60 mins) £60

This includes a consultation design prior to your wedding day. Ideas will be discussed together with a make-up rehearsal and of course the final make-up application on your big day.

Special Occasion Make-up (Allow 55 mins) £25

Includes a consultation before application of make-up.

Make-Up Lesson (Allow 55 mins) £35

Learn how to enhance your features, what colour suits you and how to apply make-up.