

## DERMALOGICA FACIALS

### Dermalogica Personalised Skin Care

Dermalogica Prescription Facials are tailored during the treatment to meet individual needs.

Products are chosen to target specific concerns for your skin at that time. Our detailed skin consultations precede each treatment to ensure maximum results.

### Prescriptive Facial (55mins) £35

A revitalizing and relaxing treatment. Begin with a deep cleanse and gentle exfoliation. An aromatherapy face, neck and shoulder massage is certain to ease your mind and spirit and whilst the revitalizing mask takes effect enjoy a soothing massage to hands or feet. Finish with a nutrient rich moisturiser to hydrate and protect.

### Express Facial (25mins) £18

The Dermalogica mini treatment is designed as a skin care lesson and is ideal for the first time client. Alternatively, this complete treatment achieves maximum results in the minimum of time. A power cleanse, customised mask, toning and moisturising for people on the go!



## MALE GROOMING

### Male Facial (40 mins) £22

This treatment has been designed for the busy man and will deep cleanse, exfoliate, balance and moisturise.

### Waxing

Back Wax £20

Chest Wax £20

### Manicure (25 mins) £10

Cut, file, cuticle work and massage

### Pedicure (25 mins) £12

Cut, file, cuticle work and massage



## BODY TREATMENTS

### Revitalizing Back Cleanse (40 mins) £38

A treatment designed to clear away your skin impurities and is excellent for removing stress and tension from overworked muscles. A deep cleansing Salt Scrub followed by steam, extraction, mask and massage. This treatment leaves your skin feeling smooth and fresh.

### Mineral Salt Scrub (40mins) £20

A full body treatment is designed to remove dead skin cells which make the skin look dull and lifeless, this is followed by a full body moisturise.

### Full Body Massage (55mins) £37

### Back, Neck and Shoulder Massage (25mins) £22

## DE-STRESS HEAD MASSAGE (Indian head style)

This is a wonderfully relaxing therapy based on the ancient Ayurvedic Healing system. The head, face and neck store a great deal of tension that accumulates in everyday life. By using this treatment; the effect is not just physical it also works on an emotional level, calming the spirit and promoting relaxation.

(25mins) £25

## HANDS AND FEET

### Express Manicure (25 mins) £10

Cut, file, moisturise and paint.

### Prescriptive Manicure (55 mins) £20

Cut, file, massage, cuticle care, massage and paint.

### Prescriptive Deluxe Manicure (70 mins) £25

As with the Prescriptive Manicure, but with the addition of LeRemedi Hand Treatment leaving hands smooth, firm and conditioned and heated mitts aid penetration of oils and creams.

### LaRemedi Hand Treatment (15 mins) £10

A complete anti-aging treatment for the hands which will leave the skin feeling silky smooth, conditioned, moisturised and feeling firmer.

### Express Pedicure (25 mins) £15

Cut, file, moisturise and paint.



### ZenSpa Pedicure (55 mins) £25

Footspa, massage, cuticle and nail care. Finished with a fantastic, long lasting nail polish of your choice.

### ZenSpa Deluxe Pedicure (70 mins) £30

As with the ZenSpa Pedicure but offering intensive moisture for those extra dry and cracked heels. Feet are smothered in skin softening soufflé and wrapped in luxurious thermal booties followed by a moisturising mask. Complete heaven for the feet.

WE RECOMMEND YOU BRING WITH YOU A PAIR OF SLIP ON, OPEN TOE SANDALS TO WEAR AFTER YOUR FOOT TREATMENT.

## MAKE-UP

The most beautiful cosmetic you can wear is a healthy skin! That is why we have chosen to introduce to you Jane Iredale products - a true extension of skin care.

### **Bridal Make-Up** £60

This includes a consultation design prior to your wedding day. Ideas will be discussed together with a make-up rehearsal and of course the final make-up application on your big day.

### **Special Occasion Make-up** £25

Includes a consultation before application of make-up.

### **Make-Up Lesson** £35

Learn how to enhance your features, what colour suits you and how to apply make-up.

## WAXING USING CREME WAX.

Half Leg	£15
Three Quarter Leg	£18
Full Leg	£22
Bikini	£10
Underarm	£10
Full Leg & Bikini	£30
Full Leg, Underarm & Bikini	£40
Half Leg, Underarm & Bikini	£33
Half Leg & Bikini	£23
Full Arm	£14
Lower Arm	£10
Lip	£5
Chin	£5

DO NOT HAVE ANY HEAT TREATMENTS BEFORE OR AFTER WAXING INCLUDING: SWIMMING, SUNBEDS, STEAM & SAUNA.

## FOR THE EYES

Eyelash Tint*	£10 (30 mins)
Eyebrow Tint*	£6 (15 mins)
Lash and Brow Tint*	£13 (30 mins)
Eyebrow Tidy	£5 (15 mins)
Eyebrow Shape	£10 (30 mins)

\* A patch test must be carried out at least 24 hours prior to these treatments.

# SPA DAYS

Spend a day enjoying the facilities at Aqua Roma from just £29 including lunch.



Gift vouchers are available for our Spa days and any of the treatments in this brochure.



24 hours notice is requested for any cancellation of treatments and 1 week for all Spa Day cancellations to avoid a 50% cancellation charge

[www.hollybournehotels.com](http://www.hollybournehotels.com)

## Beauty Treatments At Aqua-Roma

• L E I S U R E •



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